



## *Division of Nursing & Community Health Services*

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Nursing and Community  
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Public Health  
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Dear Patient,

Between work, family, and errands, it's not easy to put your health first. But you've cleared your schedule and made time for your wellness exam. Now is the perfect opportunity to learn how simple testing minimizes your risk of complications from sexually transmitted infections (STIs).

During today's visit, your healthcare provider will explain to you that chlamydia (CT) and gonorrhea (NG) are common STIs that often present themselves with no symptoms. When these infections are left untreated, they can lead to problems such as: infertility, irreversible damage to the genital tract, long-term pelvic/abdominal pain and complications during pregnancy.

**We test all women ages 15-24 regardless of sexual history, and all women ages 25 and older who are at an increased risk, unless you decline.**

If you test positive, we can prescribe medication to treat the infections and we will schedule a time to retest after treatment.

During your visit you'll also have the chance to ask questions and talk about some topics that may be on your mind, such as:

Breast health  
Cervical health  
Uterine health  
Sexual and reproductive health  
Mental and emotional health

Making time for your regular healthcare appointments and getting tested regularly are important for your health. Please let us know if you have questions and remember that **we're here for you.**